

Dear Parents and Caregivers,

In order to promote active and healthy lifestyle opportunities and build fitness for our students we will be commencing Runners' Club on Tuesday 6 March 2018 (week 6).

Runners' Club will be held on the school oval on Tuesday, Wednesday and Thursday mornings from 8.00am to 8.30am. Kindy and Pre-primary students are welcome but must be accompanied by an adult.

During Runners' Club, children run laps of the oval which will be recorded. Students will receive certificates for milestone targets – 21km (half marathon), 42km (marathon) and 100km.

Parents are also most welcome to join in running or walking with their children. In order to ensure success of this program, we are looking for parent volunteers to assist in recording data and encouraging participation. Please complete the slip below if you are available.

If your child suffers from asthma please make sure they have puffers with them or any other appropriate medication necessary.

Please be aware that **if it is raining at the commencement time, Runners' Club will NOT go ahead.**

Please return the permission slip below at your earliest convenience.

Yours sincerely,

Brendon O'Brien
Physical Education Specialist

14 February 2018

I give permission for my child _____ of year _____
to attend Runners' Club.

Parent/Caregiver Name: _____

Parent/Caregiver Signature: _____

If you are available to volunteer at Runners' Club please provide your contact details:

Email: _____

Phone: _____