



Department of
Education

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0 to 4 years

HAVE FUN WITH PLAY DOUGH

How to make your own play dough!
Fun ideas for you to try at home!

Play dough is easy and great fun to make yourself. Children love to press, roll, cut, squeeze, stretch, poke and twist it.



To make play dough follow this simple recipe:

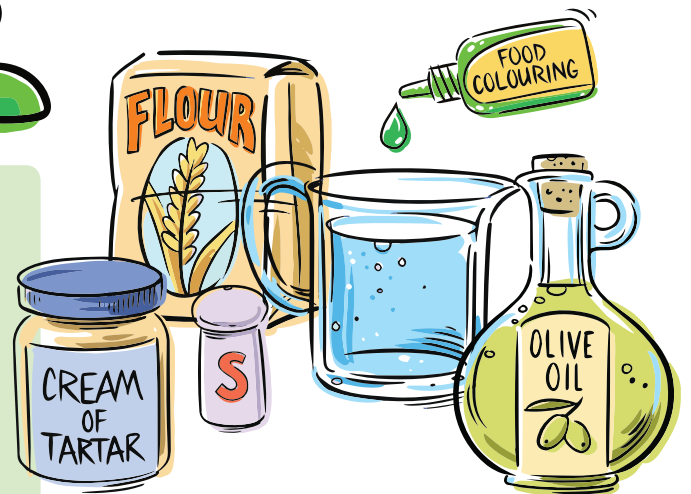
What you'll need

1 cup plain flour
1 cup water
 $\frac{1}{2}$ cup cooking salt
1 tablespoon cream of tartar*
1 tablespoon cooking oil
Food colouring

How to make it

1. Mix the flour, water, salt and cream of tartar in a saucepan over medium heat until thick.
2. Allow the mixture to cool and then add the oil. Knead well over a floured cutting board.
3. Divide the ball evenly into as many colours as you would like to make.
4. Add a few drops of food colouring to each ball and mix well.
5. Allow to cool and then have fun!

* Cream of tartar is available in the baking section of most supermarkets.



Ideas:

- Store your play dough in an airtight container.
- For sweet smelling dough add a few drops of antiseptic, peppermint essence, essential oil or perfume.
- Add sparkle to your dough by mixing in some glitter.
- Change the texture of your dough by adding rice, macaroni, sawdust, pebbles or sand.