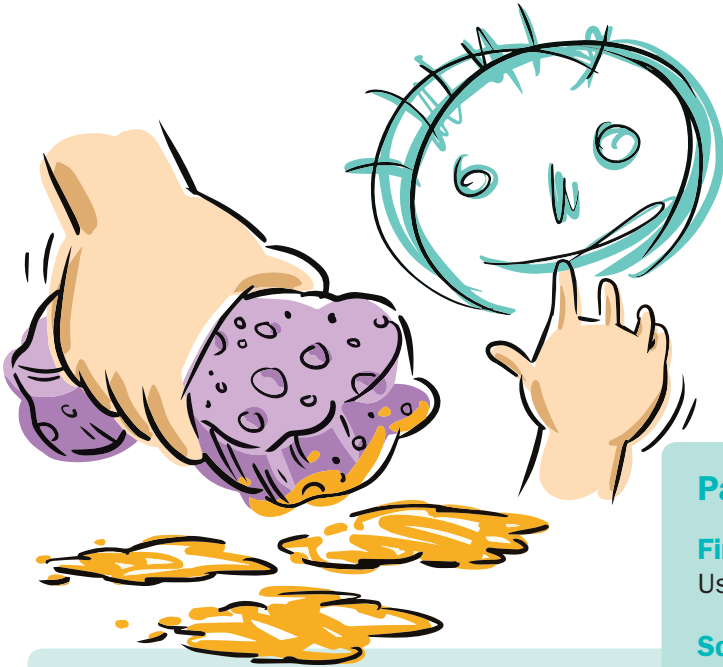




HAVE FUN PAINTING

Make your own paint and get arty!
Fun ideas for you to try at home!
Painting helps your children
learn about colours, textures and
shapes while they have fun!



To make homemade finger paint follow this simple recipe:

What you'll need

½ cup plain flour	¼ cup cold water
1 cup water	Food colouring
Pinch of salt	

How to make it

1. Pour flour and one cup of water into a saucepan and stir over medium heat until smooth.
2. When it starts to pull away from the saucepan, remove from the heat.
3. Stir in a pinch of salt – this will help your paint to last.
4. Slowly add ¼ cup cold water to the mixture, stirring as you pour. Add more water for runnier paint or less for thicker paint.
5. Divide the paint into cups or bowls – an old muffin tin works well too!
6. Add food colouring to each bowl and stir to make your coloured paints.
7. Now you're ready to get painting! Cover tightly and store leftover paints in the fridge.

Painting ideas:

Finger painting

Use fingers to draw patterns and pictures.

Squeeze painting

Put different coloured paint in plastic bottles and squeeze onto paper.

String painting

Dip string in paint and move it around on paper to make patterns.

Comb painting

Cut some cardboard into a hair comb shape, place it in paint and slide the comb over paper to make swirls.

Sponge painting

Dip a sponge in paint and dab or roll it on paper for different effects.

Marble painting

Place a sheet of paper in a container, drop paint on the paper and then add marbles. Roll the marbles around to make pretty designs.

Shadow painting

Paint on one side of the paper then fold it in half to make an identical image on the other side.

Making patterns

Drop paint in blobs on thick paper and tilt to make patterns. Experiment with things you find around the house and garden that might make interesting patterns. For example try using newspaper, bubble wrap, plastic, material, leaves, hands and feet, buttons, corks, cut fruit, cutlery, spray bottles and straws.